



Road Running Technical Council  
USA Track & Field

Measurement Certificate



Name of the course Heros for Hope 5K Distance 5 km

Location (state) TN (city) Maryville

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Glenn Richters - 1008 Wallace Road - Knoxville, TN 37919 - (865) 250-2194 - grichters@gmail.com

Race Contact Penny McIntosh, New Hope Children - 208 Gamble Avenue, Maryville, Tennessee 37801 - 865.981.2000

Date(s) when course measured: 02/02/2020

Number of measurements of entire course: 2 Course Configuration: keyhole (out/loop/back)

Elevation (meters above sea level) Start 274.32 Finish 274.32 Lowest 262.13 Highest 279.81

Straight line distance between start and finish 0 m Drop 0.00 m/km Separation 0.00 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: February 24, 2020 Certification code: TN20003MS

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2030**

AS NATIONALLY CERTIFIED BY:

*Matthew Studholme*

Date: February 25, 2020

Matthew Studholme - USATF/RRTC Certifier - 813 Barton Ave, Chattanooga TN 37405  
(276) 206-7202 - sheddingcat@comcast.net

**HEROS FOR HOPE 5K**  
Maryville, Tennessee



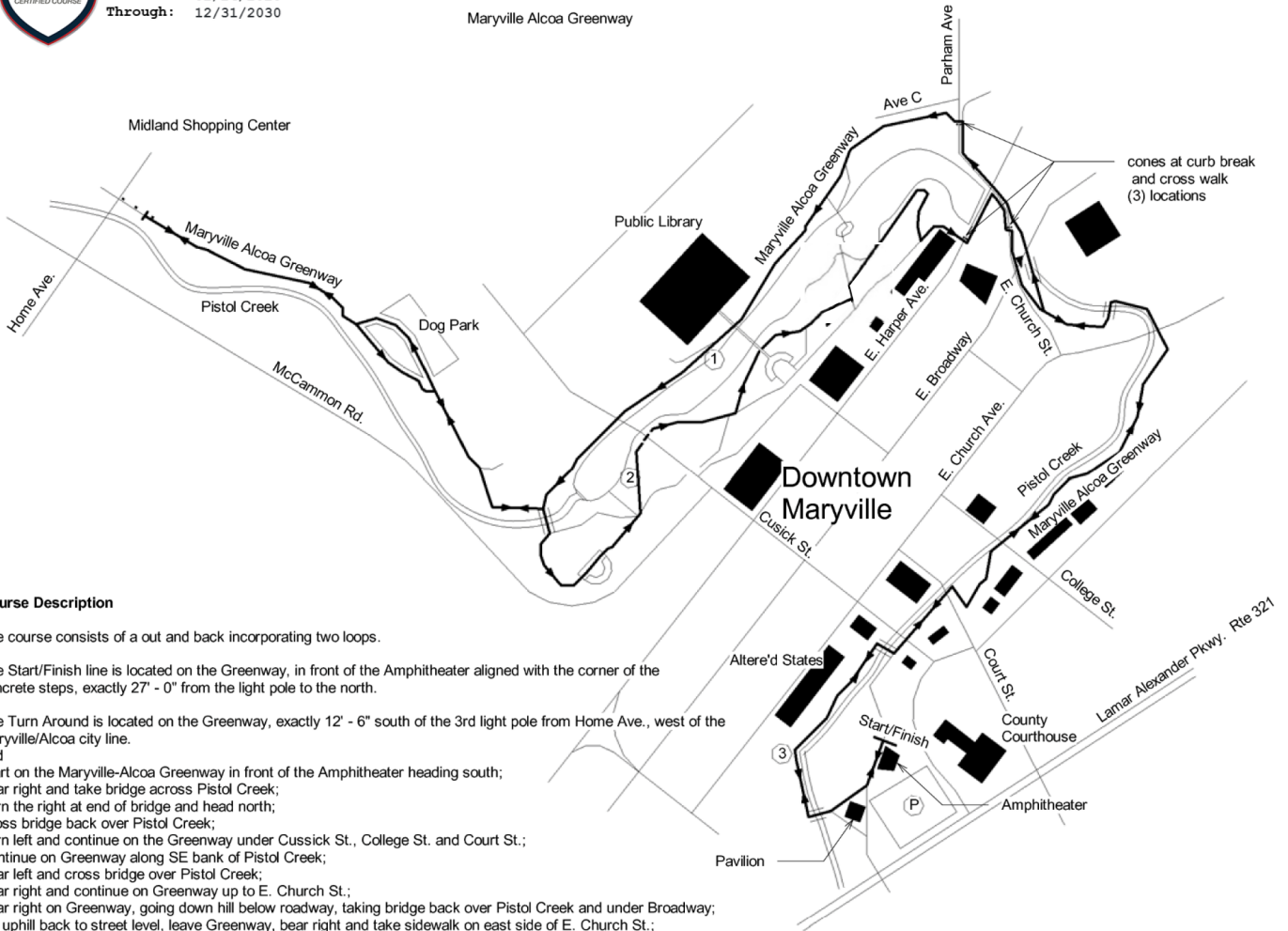
**USATF Certificate**  
TN20003MS  
Effective: 02/24/2020  
Through: 12/31/2030



Maryville Alcoa Greenway

Course Measured by: Glenn Richters  
grichters@gmail.com  
865.250.2194  
on 02/02/2020

This course was measured using the full width of the road and the Shortest Possible Route (SPR).



**Course Description**

The course consists of a out and back incorporating two loops.

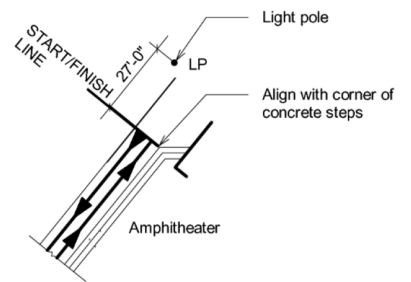
The Start/Finish line is located on the Greenway, in front of the Amphitheater aligned with the corner of the concrete steps, exactly 27' - 0" from the light pole to the north.

The Turn Around is located on the Greenway, exactly 12' - 6" south of the 3rd light pole from Home Ave., west of the Maryville/Alcoa city line.

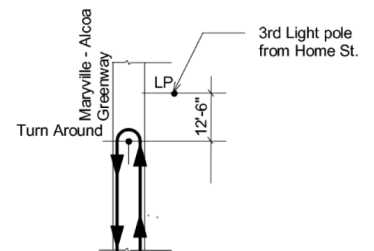
ddd  
Start on the Maryville-Alcoa Greenway in front of the Amphitheater heading south;  
Bear right and take bridge across Pistol Creek;  
Turn the right at end of bridge and head north;  
Cross bridge back over Pistol Creek;  
Turn left and continue on the Greenway under Cussick St., College St. and Court St.;  
Continue on Greenway along SE bank of Pistol Creek;  
Bear left and cross bridge over Pistol Creek;  
Bear right and continue on Greenway up to E. Church St.;  
Bear right on Greenway, going down hill below roadway, taking bridge back over Pistol Creek and under Broadway;  
Go uphill back to street level, leave Greenway, bear right and take sidewalk on east side of E. Church St.;  
Cross over E. Harper St., and stay on sidewalk along east side of Parham Ave.;  
Turn left at Greenway crossing, prior to intersection with Avenue C;  
Follow Greenway along north side of Greenway Lake;  
Continue on Greenway under Library Bridge and N. Cusick St.;  
Turn right prior to bridge over Pistol Creek and continue on Greenway;  
Bear right at 'Y' and continue on Greenway between sections of dogpark;  
Turn right, heading north on Greenway;  
at Turn Around, reverse direction and head south on Greenway;  
Continue south on Greenway on west side of dog park;  
Turn right and cross bridge over Pistol Creek;  
Turn right off bridge and loop south end of Bicentennial Park,  
Bear left, pass in front of semi-circular seating area,  
Continue straight and then bearing left on main path, pass under N. Cusick St.;  
Bear right the turn left onto secondary trail and pass under Library Bridge;  
Left onto trail heading down to lake and then right 20 feet later, continue along south side of Greenway Lake;  
Loop north end and go uphill to main pathway;  
Left on Greenway, then right along side of parking garage up to Harper Ave.;  
Left on sidewalk on north side of Harper Ave, to corner;  
Turn right and cross Harper Ave, taking sidewalk on west side of E. Church St.;  
Cross E. Church St. to sidewalk on east side of street;  
Turn right on sidewalk over Pistol Creek and rejoin Greenway on south side of creek;  
Leave sidewalk and bear left with Greenway downhill and cross bridge of Pistol Creek;  
Turn right after bridge and continue on Greenway along north bank of creek;  
Continue on Greenway, returning along outbound course, passing under Court, College and Cusick St;  
after passing through tunnel under Cusick St., turn right and take bridge over Pistol Creek;  
Bear left after bridge along north bank of Pistol Creek;  
Turn left over bridge crossing back over Pistol Creek and return to start/finish line.

**Mile Markers**

- Mile 1: On the Greenway, 10-15' past path up to library south of bridge to library
- Mile 2: On the Greenway, 10'-15' before light pole #36 prior to underpass beneath N. Cusick St.
- Mile 3: On the Greenway, near bend past Altered States office building.



**START/FINISH LINE**



**TURN AROUND**